

Protective measures and what to do if there is a risk of infection

The same hygiene rules apply as in general for protection against communicable infectious diseases:

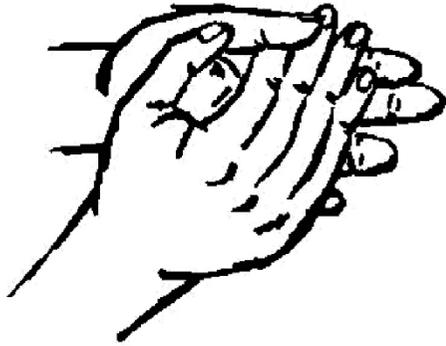
- **Avoid shaking hands**
- **Wear disposable gloves**
- **Use disinfectant dispensers if possible**
- **Wash hands before starting work, after finishing work and after changing gloves**
- **Wash hands after using public transport**
- **If possible, operate the taps with your wrist**
- **Use disposable towels**
- **Avoid touching your face with your hands**
- **Husten und Niesen in ein Taschentuch oder in die Armbeuge**
- **Cough and sneeze into a cloth or the crook of your arm**
- **Report cases of infection**
- **Ventilate closed rooms regularly**
- **Wear work clothes and sturdy shoes**

These simple procedures reduce the risk of infection and transmission of infectious diseases significantly.

www.weder-gmbh.de/news/aktuelles/detail/präventivmaßnahmen-bei-ansteckungsgefahr



①



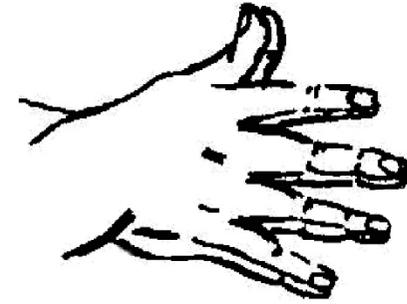
Rub palm on palm, do not forget your wrists!

②



Rub the palm of the hand over the back of the hand and between the fingers.

③



Rub the palm of the hand on the palm and between the fingers.

④



Rub the outside of your fingers.

⑤



Rub your thumb in the palm of your hand.

⑥



Rub fingertips in the palms of the hands.

Apply **3 to 5 ml of hand disinfectant** to the dry hand, rub in for a **total of 30 seconds** as demonstrated above, keep hands moist during the entire process, if necessary use disinfectant, repeat each step several times. **Do not dry off!**